

## Mai Nakabayashi — Actor, Choreographer

Date of Birth: April 2, 1982

Birthplace: Tokyo Height: 163 cm

Hobbies: Traveling and observing animals. Dog lover.

Motto: "Be determined, beautiful and entertaining". Mai explores various activities, acting and beyond, living by this motto.

She started classical ballet from a young age, and also explored dancing, acting and studying human anatomy in her early years.

In 2004, she has started her acting career as a founding member of FAIFAI, a theater company, while studying at Tama Art University, Moving Images and Performing Arts. Until leaving the company in 2012, she performed in almost all their works in Japan and abroad, including world tours and residential art projects in Europe and Asia. Since, she has participated in many works by well-known directors and choreographers in various generations and nationalities, such as Keralino Sandorovich, Mitsunori Fukuhara, Junnosuke Tada, Konosuke Itoi, Konatsu Yoshida, Kenichi Tani, Yutaka Tanoue, Norihito Nakayashiki, Suguru Yamamoto, Will Tuckett, Ella Rothschild, Bambang Prihadi, Jo Kukathas, among others.

From traditional plays to those which require high physical and technical ability—large theater performance to small artistic showcases—she has performed many different types of characters.

In 2018, she performed in her first solo project “monodrama-HAMARU”

In 2010, she started working as choreographer for "Dempagumi.inc". She choreographed for idols and theatrical productions, such as Dempagumi.inc, Band Ja Naimon!MAXXNAKAYOSHI, "Memories of Matsuko" starring Nogizaka46/W, “ENGEKI JYOSIBU”NEGAPOJIPOJI" by Hello! Project, and others.

In 2014, she learned traditional Thai dance under Pa Kanya of La Conchartley, originating from the Nan Luang district of Bangkok, and also had the opportunity to perform there.

From 2019, she started studying Korean language to perform a solo project in Korea.

In 2020, she won the "재미 있었다 상 Judge's Special Award" at Korean Speech Contest held by the Mille Korean Language Institute.

Mai continues to seek international encounters and challenges to grow as an artist and an actor.



photo by Kaoru Fukui